

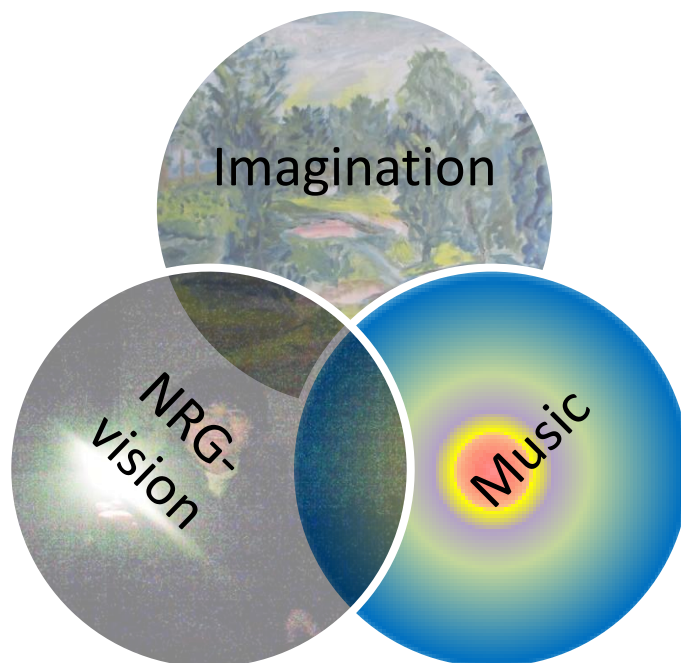


## The three pillars of magic

### *Create experience – experience creation*

Magic is for me the art of creating your own living experience and experiencing life in a profound way. Magic is also a lifestyle, that might not bring you the picture perfect life or solve all problems according to a premade ideal, but it might add a sense of adventure, a deep connection to all there is, a feeling of bubbly joy, flying freedom and a spectacular view over horizons you would never have thought of otherwise, to your living experience.

In my book 'WITH MAGICAL CONTACTLENSES' I have focused a lot on creating a world view of magic, in this short essay I will focus on the overall practical use of magic. As I see it in this present moment, there are 3 areas of magic that must play together when using magic to create the artwork of a living experience. I call them 'The 3 pillars of magic' just to be a little dramatic. They are (seen from above):



**Imagination** – vizualisation, ideas, dreams

Imagination is used when creating the blueprint of what we manifests in our lives. It works in our nightly dreams and our daily thoughts where we synthesize and put together what ever we have





or take in to our minds. Imagination is in that sense a view over a vast field of probabilities. This means that everybody who experiences actually have an imagination. though the field of probabilities displayed in the imagining mind, might differ from person to person. Some might imagine daily things and events like money making and dishwashing while others like me are more focused in the field of probabilities where as an example magical creatures and events take place. The blueprints created in imagination is not actually actualized as anything but a blueprint in our experience and if we want to experience the blueprints in our lives we must translate the blueprint of mind into a vibratory pattern of energy that resonates with the senses used to navigate in existence. This is done through:

**Music** – vibration, energy patterns and beliefs, active energy manipulation

Music can be described as harmonized vibrations of different kinds put together to create an artwork of vibrations. Normally when talking about music we talk about vibrations in the vibratory specter of sound, though in magic I am talking about vibration in all specters. Both in the emotional bandwidth, the bandwidth of sound, the bandwidth of light and the bandwidth of mind and what ever bandwidth it makes sense or absolutely no sense what so ever to talk about.

Music deals with energetic vibration. It is a way to put different vibrations together in a harmonized way. No matter in what bandwidth you work, it can actually create resonance in all other bandwidths if there is atunement in the energetic body. When out of tune like a guitar that hasn't been tuned properly it might create problems with the harmony of it and it becomes distorted, from the blueprint created in imagination, or spirit.

If our energetic strings are tuned properly it would be easy to have our world resonate with the blueprints we choose or create for our selves. If our energy fields are out of tune it might be a little difficult to have the wanted blueprint resonate through all the different bandwidths. Some times, even if we have tuned our strings perfectly, we might have so much noise around us that we can't 'hear' our own harmonic music.

Every event we experience can be seen as a creation of energetic vibrations or a certain piece of music, with vibrations both in the physical, emotional, auditory, electromagnetic, mind and spiritual specters of existence.





It is possible to create a situation without words; animals and plants and stones does that all the time and so do we. But it is through beliefs of words and other symbols we view experience in the time dimension. Beliefs are to music in the magical sense, what lyrics are to a piece of music. Lyrics tell a story and music creates a picture and or a mood or series of moods. Put together in a melodic and harmonic way it gives a song. For some it might even be easier to recall a certain harmony and recreate that vibratory harmony in experience when using lyrics or rather beliefs to create the vibrations.

**Nrg-vision** – sensing with the inside of the brain or rather sensing in the mind.

With regards to the 5 senses we normally use to navigate in the physical bandwidth of human existence, the thing is that everything that comes in from our eyes, ears, nerve ends, nose and tongue, are properly translated into an electrical pattern and send to centers in the brain for processing. In that sense we only have one sense to receive information from the physical surroundings and that is an electrical sense.

We also use this sense to navigate in our brains stored information; whether the things stored are things we have experienced in the physical bandwidth or in dreams or imagination. We also use that sense to navigate in probable experiences that might have happened or might happen, or maybe even is very unlikely to happen with our present belief system.

But this sense can also be used to sense other bandwidths of existence. Sensing where the energy goes in what ever form it takes or where the energy have been in what ever form it took, is what we call clairvoyance. The other part of clairvoyance is being able to translate the perception of energy into translated symbols, or else it just seems like some big energy clouds swirling around. This is quite difficult for me to translate my experience of this super sense into normal words. When I use it to get insights on things I couldn't otherwise know about, the sense lies for me somewhere between feeling and vision, but not exactly, my brain just tries to explain the sense in something it already knows.

Anyway, NRG-vision is used to navigate in the realms of imagination and music and is an important pillar of magic to consciously create a living experience. If it is not there it is like sending a blind person with tied hands in to a forest, no direction, bumping into trees all the time and most likely



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falling over branches and be eaten by a werewolf in the end. Well maybe not a werewolf but it definitely is easier to perceive and navigate when your senses are open and functioning.

Love BenedikteEva

